

## Asst. Prof. Salih Öner

### Personal Information

**Email:** salihoner@yyu.edu.tr

**Web:** <https://avesis.yyu.edu.tr/salihoner>

### Education Information

Doctorate, Inonu University, Sağlık Bilimleri Enstitüsü, Beden Eğitimi Ve Spor Anabilimdalı, Turkey 2017 - 2021

Postgraduate, Firat University, Sağlık Bilimleri Enstitüsü , Beden Eğitimi Ve Spor Anabilimdalı, Turkey 2014 - 2016

Undergraduate, Firat University, Spor Bilimleri Fakültesi, Antrenörlük Eğitimi, Turkey 2012 - 2015

Undergraduate, Firat University, Beden Eğitimi Ve Spor Yüksekokulu, Beden Eğitimi Ve Spor Öğretmenliği, Turkey 2010 - 2014

### Foreign Languages

English, B1 Intermediate

### Certificates, Courses and Trainings

Other, GÜREŞ MİLLİ HAKEM KURSU, TÜRKİYE GÜREŞ FEDERASYONU, 2013

Other, GÜREŞ BÖLGE HAKEM KURSU, TÜRKİYE GÜREŞ FEDERASYONU, 2011

Other, GÜREŞ ADAY HAKEM KURSU , TÜRKİYE GÜREŞ FEDARASYONU, 2009

### Dissertations

Doctorate, The Effects of Pliometric and Resistance Training on Some Motoric and Performance Parameters of Tennis Players, Van Yüzüncü Yil University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2021

Postgraduate, FIRAT ÜNİVERSİTESİNDEKİ AKADEMİK PERSONELİN FİZİKSEL AKTİVİTE DÜZEYLERİNİN İNCELENMESİ, Firat University, Sağlık Bilimleri Enstitüsü, Beden Eğitimi Ve Spor Anabilimdalı, 2016

### Research Areas

Medicine, Health Sciences, Fundamental Medical Sciences, Human Physiology, Sport Physiology

### Academic Titles / Tasks

Lecturer, Van Yüzüncü Yil University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi Bölümü, 2017 - Continues

### Academic and Administrative Experience

Deputy Director of the Center, Van Yüzüncü Yil University, Beden Eğitimi Ve Spor Yüksekokulu, Antrenörlük Eğitimi

## Courses

BİLİMSEL ARAŞTIRMA YÖNTEMLERİ, Undergraduate, 2021 - 2022

## Articles Published in Journals That Entered SCI, SSCI and AHCI Indexes

- I. **Effects of curcumin administration on Nesfatin-1 levels in blood, brain and fat tissues of diabetic rats**  
Algül S., Ozcelik O., Oto G., Sarikaya M., Goceroglu R., Embiyaoğlu N. M. , Caf F., Öner S., Akcan A. G.  
EUROPEAN REVIEW FOR MEDICAL AND PHARMACOLOGICAL SCIENCES, vol.25, no.3, pp.1616-1621, 2021  
(Journal Indexed in SCI)

## Articles Published in Other Journals

- I. **COVID-19 PANDEMİ SÜRECİNDE FİZİKSEL AKTİVİTENİN YAŞAM KALİTESİ VE DUYGUDURUM ÜZERİNE ETKİSİNİN İNCELENMESİ**  
BERK Y., ÖNER S., SARİKAYA M.  
Roll Spor Bilimleri Dergisi, vol.2, no.2, pp.52-64, 2021 (Other Refereed National Journals)
- II. **The Effects of High-Intensity Interval Training on Body Composition and Lipid Profile**  
ÖNER S., YASUL Y., AKÇINAR F.  
Pakistan Journal of Medical & Health Sciences, vol.15, no.2, pp.641-645, 2021 (Journal Indexed in ESCI)
- III. **Strength Development, Muscle and Tissue Damage in Different Training Models**  
AKBULUT T., ÇINAR V., ÖNER S., ERDOĞAN R.  
Journal of Pharmaceutical Research International, vol.33, no.19, pp.1-6, 2021 (Journal Indexed in ESCI)
- IV. **THE EFFECT OF SHORT-TERM HIGH-DENSITY EXERCISE ON PERFORMANCE AFTER CAFFEINE ACTION IN BASKETBALL PLAYERS**  
ÖNER S., TEMÜR H. B.  
International Journal of Social Humanities Sciences Research (JSHSR), vol.6, no.48, pp.4442-4446, 2019 (Refereed Journals of Other Institutions)
- V. **THE EFFECT OF 8 WEEKLY FOOT STRENGTH EXERCISE EXERCISES AND STRENGTHENING EXERCISES ON UNDERWATER DOLPHIN HIT**  
ÖNER S., TEMÜR H. B.  
International Journal of Social Humanities Sciences Research (JSHSR), vol.6, no.46, pp.4146-4151, 2019 (Refereed Journals of Other Institutions)
- VI. **KİLOLU KADINLARDA DÜZENLİ EGZERSİZİN KARACİĞER ENZİM DÜZEYLERİNE ETKİSİ**  
ÇINAR V., ÖZLEM T., ÖNER S., AKBULUT T., POLAT Y.  
Spor ve Performans Araştırmaları Dergisi, vol.10, no.3, pp.223-230, 2019 (Other Refereed National Journals)
- VII. **THE EFFECT OF MILK SUPPLEMENTS ON HIT IN TENNIS**  
Öner S.  
International Journal of Social Humanities Sciences Research, vol.6, no.47, pp.4274-4279, 2019 (Refereed Journals of Other Institutions)
- VIII. **THE EFFECT OF 8 WEEKLY TERABANT TRAINING ON FREE STYLE SWIMMING PERFORMANCE IN 11-14 AGE GROUP FACTORS**  
ÖNER S.  
International Journal of Social Humanities Sciences Research (JSHSR), vol.6, no.47, pp.4198-4204, 2019 (Refereed Journals of Other Institutions)

- IX. THE EFFECT OF 8-WEEKLY CORE TRAINING ON 50 METERS ATTACHED SWIMMING TECHNIQUE IN FIBERS OF 10-12 AGE GROUP**  
ÖNER S., SARİKAYA M.  
International Journal of Social Humanities Sciences Research (JSHSR), vol.6, no.46, pp.4152-4156, 2019 (Refereed Journals of Other Institutions)
- X. INVESTIGATION OF PHYSICAL ACTIVITY AND BODY INDEXLEVELS OF ACADEMIC AND ADMINISTRATIVE PERSONNELWORKING IN HİTİT UNIVERSITY**  
Yamaner Y., ÇİNAR V., ÖNER S., TURĞUT M., YAMANER G.  
The Journal of Social Science, 2018 (Refereed Journals of Other Institutions)
- XI. Reviewing the Effect of 10 Days of Intense Exercise Period on Certain Blood Parameters of Tennis Players**  
SELÇUK M., ÇİNAR V., SARİKAYA M., ÖNER S.  
Journal of Education and Training Studies, vol.6, no.11, pp.95-98, 2018 (Refereed Journals of Other Institutions)
- XII. Fırat Üniversitesi'nde Çalışan Akademik Personelin Fiziksel Aktivite Düzeylerinin Belirlenmesi**  
KARADAĞ M., ÇİNAR V., ÖNER S.  
Journal of Turkish Studies, vol.13, pp.763-772, 2018 (Refereed Journals of Other Institutions)
- XIII. THE EFFECT OF 8-WEEK PLYOMETRIC EXERCISES ON SOME PHYSIOLOGICAL PARAMETERS OF MALE BASKETBALLERS AGED 10 – 14 YEARS**  
Selçuk M., ÇİNAR V., Sarıkaya M., Öner S., Karaca S.  
European Journal of Physical Education and Sport Science, vol.4, no.4, pp.108-117, 2018 (Refereed Journals of Other Institutions)
- XIV. Türk Biathlon Milli Takımında Yer Alan Sporcuların Bazı Kuvvet Değerlerinin Atış Performansına Etkilerinin İncelenmesi**  
Selçuk M., BİLEN M., Temur H. B. , Öner S.  
Gaziantep Üniversitesi Spor Bilimleri Dergisi, vol.3, no.1, pp.54-63, 2018 (Refereed Journals of Other Institutions)
- XV. THE EFFECTS OF SIX-WEEK AEROBIC EXERCISE PROGRAM ON BODY COMPOSITION AND BLOOD LIPIDS IN WOMEN**  
Selçuk M., Temur H. B. , Öner S., Kınacı E.  
EUROPEAN JOURNAL OF EDUCATION STUDIES, vol.4, pp.411-422, 2017 (Refereed Journals of Other Institutions)
- XVI. AN INVESTIGATION OF THE EFFECTS OF RAPID WEIGHT LOSS ON OVERALL STRENGTH IN 17- AND 18-YEAR-OLD MALE WRESTLERS**  
Temur H. B. , Selçuk M., Öner S., Karaman M. E.  
European Journal of Physical Education and Sport Science, vol.7, pp.187-196, 2017 (Refereed Journals of Other Institutions)
- XVII. Comparison Of Physical activity Levels Of Different Faculty Students**  
Öner S., Özbar N., Çınar V., Kılıç Y.  
Physical Education and Sports Faculty Galati, vol.1, pp.127-136, 2016 (Refereed Journals of Other Institutions)
- XVIII. AN INVESTIGATION OF HEALTHY LIFE STYLE BEHAVIORS OF TURKISH WRESTLING FEDERATION COACHES**  
Çınar V., Akbulut T., Öner S., Pancar Z., Karaman M. E.  
International Refereed Academic Journal Of Sports, Health And Medical Sciences, no.2, pp.187-194, 2016 (Refereed Journals of Other Institutions)
- XIX. Comparison Of Physical activity Levels Of Different Faculty Students**  
Öner S., Özbar N., Çınar V., Kılıç Y., Ölçücü B.  
Physical Education and Sports Faculty Galati, vol.3, no.1, pp.122-127, 2016 (Refereed Journals of Other Institutions)

## **Books & Book Chapters**

- I. **Obezite ve Egzersiz**

YASUL Y., ÖNER S., AKÇINAR F.

in: Holistik Sağlık ve Egzersiz, KOÇ Mustafa Can, Editor, Efe Akademi Yayınevi, Van, pp.173-188, 2021

**II. SPORCULARDA D VİTAMİNİNİN ÖNEMİ**

Öner S., Sarıkaya M.

in: Sporda Bilimsel ve Akademik Yaklaşımlar 6, Gökmen KILINÇARSLAN, Mehmet İLKİM, Editor, Akademisyen Kitabevi, Ankara, pp.201-213, 2020

**III. GENÇ BASKETBOLCULARDA FARKLI ISINMA PROTOKOLLERİNİN BAZI FİZİKSEL PARAMETRELERE ETKİSİ**

Sert V., Öner S.

in: Sporda Bilimsel ve Akademik Yaklaşımlar 6, Gökmen KILINÇARSLAN, Mehmet İLKİM, Editor, Akademisyen Yayınevi, Ankara, pp.61-72, 2020

**IV. Genç kadın Futbolcularda Şuttaki Top Hızı: Kuvvet, güç ve Antropomete**

Sarıkaya M., Eriş F., Öner S., Gencer Y. G. , İğdır E.

in: Spor Bilimlerinde Yeni Fikirler - 2, İhsan KUYULU, Davut ATILGAN, Editor, Akademisyen Yayınevi, Ankara, pp.235-246, 2020

**Refereed Congress / Symposium Publications in Proceedings**

**I. Akbulut T., Çınar V., Öner S.**

16. International Sports Science Congress, Antalya, Turkey, 31 October - 03 November 2018, pp.255-262

**II. The Effect of Four-Week Vitamin D3 Supplement on Testosterone and Growth Hormone in Young Football Players**

Çınar V., Bulgurlu B., Öner S.

16. International Sports Science Congress, Antalya, Turkey, 31 October - 03 November 2018, pp.262-263

**III. THE EFFECT OF CORE EXERCISES AND DURABILITY STUDIES ON THE PERFORMANCE OF THE SWIMMING ACTIVITIES**

Öner S., ÇINAR V., Sarıkaya M., AKBULUT T.

Uluslararası Müzik ve Dans Kongresi, Van, Turkey, 10 October - 13 November 2018, pp.27

**IV. THE EFFECT OF QUICK STRENGTH TRAINING ON THE SHAKE SIZE AND VERTICAL SPRAYING IN FOOTBALLS**

Sarıkaya M., ÇINAR V., Öner S., AKBULUT T.

Uluslararası Müzik ve Dans Kongresi, Van, Turkey, 10 - 13 October 2018, pp.28

**V. COMPARISON OF THE PHYSICAL AND PHYSIOLOGICAL MEASUREMENTS OF BOXERS AND FOOTBALLS IN THE 14 15 AGE GROUP**

ÇINAR V., Sarıkaya M., Öner S., Selçuk M.

Uluslararası Müzik ve Dans Kongresi, Van, Turkey, 10 - 13 October 2018, pp.31

**VI. THE EFFECT OF FOUR WEEKLY PLIOMETRIC TRAINING ON SOME PHYSICAL CHARACTERISTICS IN 10 13 AGE GROUP HANDBALLS**

ÇINAR V., Öner S., Sarıkaya M., AKBULUT T.

Uluslararası Müzik ve Dans Kongresi, Van, Turkey, 10 - 13 October 2018, pp.29

**VII. THE EFFECT OF 8 WEEKLY AEROBIC EXERCISE PROGRAM ON PHYSICAL COMPATIBILITY PARAMETERS IN WRESTLING INDIVIDUALS**

Sarıkaya M., ÇINAR V., AKBULUT T., Öner S.

Uluslararası Müzik ve Dans Kongresi, Van, Turkey, 10 - 13 October 2018, pp.30

**VIII. THE EFFECT OF PLIOMETRIC TRAINING ON SOME PHYSICAL AND PHYSIOLOGICAL CHARACTERISTICS OF LONG DISTANCE RUNNER**

Öner S., ÇINAR V., Sarıkaya M., Bingöl M., Karaca S.

uluslararası müzik dans ve sağlık kongresi, Van, Turkey, 10 - 13 October 2018, pp.35

**IX. Biochemical Responses to the Application of Acute Energy Drinking in Active Athletes**

Akbulut T., Çınar V., Öner S., Sarıkaya M.

5. International Sport Sciences, Turizm and Recreation Student Congress, Manisa, Turkey, 7 - 09 May 2018, pp.42-44
- X. **The Effect of Six Months Sports Training on Element Metabolism and Complete Blood Values**  
Erdoğan R., Çınar V., Öner S., Akbulut T.  
5. International Sport Sciences, Turizm and Recreation Student Congress", Manisa, Turkey, 7 - 09 May 2018, pp.44-46
- XI. **The Effect of Long Term Boxing Training on Lipid Profiles and Enzyme Activity**  
Akbulut T., Çınar V., Öner S.  
5. International Sport Sciences, Turizm and Recreation Student Congress", Manisa, Turkey, 7 - 09 May 2018, pp.45-46
- XII. **Yurtta Kalan ve Kalmayan Üniversite Öğrencilerinin Fiziksel Aktivite ve Beslenme Düzeylerinin İncelenmesi**  
Selçuk M., Öner S., İbrahim Ali S., Çınar V.  
11. Ulusal Spor Bilimleri Öğrenci Kongresi, Muş, Turkey, 18 - 20 April 2018, pp.25-27
- XIII. **8 Haftalık Core Antrenman Programının Tenisçilerde Motorik Özellikler ve Performans Üzerine Etkisi**  
Öner S., Çınar V., Akbulut T., Aydemir İ.  
11. Ulusal Spor Bilimleri Öğrenci Kongresi, Muş, Turkey, 18 - 20 April 2018, pp.30-33
- XIV. **Altı Aylık Spor Eğitiminin Element Metabolizması ve Tam Kan Değerlerine Etkisi**  
Erdoğan R., Çınar V., Öner S., Akbulut T.  
5. International Sport Sciences, Turizm and Recreation Student Congress, Antalya, Turkey, 4 - 08 May 2018, pp.221-222
- XV. **Effects On Selected Physical Parameters Of Eight Weekly Plyometric Workshops Applied At 10 - 14 Year Group Of Men'xxs Basketballs**  
Selçuk M., Çınar V., Sarıkaya M., Öner S.  
The International Congress of Sports for All and Wellness, Antalya, Turkey, 5 - 08 April 2018, pp.155-156
- XVI. Selçuk M., Çınar V., Sarıkaya M., Öner S.  
The International Congress of Sports for All and Wellness, Antalya, Turkey, 5 - 08 April 2018, pp.112-114
- XVII. **EXAMINATION OF SOMATOTYPE STRUCTURES OF PUBERTY MALE WRESTLING**  
Öner S., Çınar V., Akbulut T., Pancar Z.  
International Congress of Sports for All and Wellness, Antalya, Turkey, 4 - 08 May 2018, pp.27-28
- XVIII. **10 – 14 YAŞ GRUBU ERKEK BASKETBOLCULARDA UYGULANAN SEKİZ HAFTALIK PLİOMETRİK ANTRENMANLARIN SEÇİLMİŞ BAZI FİZİKSEL PARAMETLERİ ÜZERİNE ETKİSİ**  
Selçuk M., ÇINAR V., Sarıkaya M., Öner S.  
Uluslararası Herkes İçin Spor ve Wellness Kongresi, Antalya, Turkey, 5 - 08 April 2018, pp.349
- XIX. **10 GÜNLÜK YOĞUN ANTRENMAN DÖNEMİNİN TENİŞÇİLERDE BAZI KAN PARAMETRELERİNE ETKİSİNİN İNCELENMESİ**  
Sarıkaya M., ÇINAR V., Selçuk M., Öner S.  
Uluslararası Herkes İçin Spor ve Wellness Kongresi, Antalya, Turkey, 5 - 08 April 2018, pp.370
- XX. **Examination of Physical Activity and Body Mass Index Levels of Academic and Administrative Staff Working at Hitit University**  
Turğut M., Yamaner Y. B., Çınar V., Öner S.  
15th International Sport Sciences Congress, Antalya, Turkey, 15 - 18 November 2017, pp.77-78
- XXI. **The Effect Of Sports Habits On Body Composition And Self-Perception Of Adolescents İn 15-18 Age Group**  
Kınacı A. E., Çınar V., Öner S.  
3 nd International Sports Science, Tourism and Recreation Student Congress, Antalya, Turkey, 21 - 23 April 2017, pp.62-64
- XXII. **The Effect of Exercise Habits on Body Composition and Self-Perception in 15-18 Age Group Adolescents**  
Kınacı E., Çınar V., Öner S.  
4th INTERNATIONAL SPORTS SCIENCES, TOURISM AND RECREATION STUDENT CONGRESS, Burdur, Turkey, 21 -

23 April 2017, pp.17-18

- XXIII. **THE INVESTIGATION OF THE EFFECTS OF FAST WEIGHT DROP ON GENERAL FORCE IN 17-18 YEAR OLD MALE WRESTLERS**  
Temur H. B. , Selçuk M., Öner S., Karaman M. E.  
4. International Sport Science Tourism and Recreation Student Congress, Gaziantep, Turkey, 21 - 24 April 2017, pp.75-76
- XXIV. **17-18 YAĞ ERKEK GÜREŞÇİLERDE HIZLI KILO VERMENİN GENEL KUVVET ÜZERİNE ETKİLERİNİN ÖNCELENMESİ**  
Temur H. B. , Selçuk M., Öner S., KARAMAN M. E.  
4. Uluslararası Spor Bilimleri Turizm, ve Rekreasyon Öğrenci Kongresi, Burdur, Turkey, 21 - 23 April 2017, pp.58
- XXV. **6 HAFTALIK AEROBİK EGZERSİZ PROGRAMININ STEP AEROBİK YAPAN BAYANLARDA VÜCUT KOMPOZİSYONU VE KAN LİPİDLERİ ÜZERİNDEKİ ETKİLERİ**  
Selçuk M., Temur H. B. , Öner S., KINACI E.  
4. Uluslararası Spor Bilimleri Turizm, ve Rekreasyon Öğrenci Kongresi, Burdur, Turkey, 21 - 23 April 2017, pp.278
- XXVI. **JUDOCULARDA MÜSABAKA ÖNCESİ HIZLI KILO VERMENİN SEÇİLMİŞ BAZI FİZİKSEL UYGUNLUK PARAMETRELERİNE ETKİSİ**  
Selçuk M., AKSÜNGÜR B., Temur H. B. , Öner S.  
4. Uluslararası Spor Bilimleri Turizm, ve Rekreasyon Öğrenci Kongresi, Burdur, Turkey, 21 April - 23 November 2017, pp.42
- XXVII. **Determination of Healthy Lifestyles and Personal Habits of referees in Turkey Wrestling Federation**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.98-99
- XXVIII. **EFFECT OF AN EIGHT WEEK FITNESS EXERCISES ON PLASMA LIPID LEVELS IN OBESE WOMAN**  
Tunçalp Ö., Çınar V., Öner S., Akbulut T., Tamriş Y. Ş.  
INTERNATIONAL CONFERENCE IN PHYSICAL EDUCATION, SPORTS AND PHYSICAL THERAPY, Elazığ, Turkey, 18 - 20 November 2016, pp.45-47
- XXIX. **Comparison of Physical Activity Levels of University Students**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.86-87
- XXX. **THE EFFECT OF REGULAR EXERCISE ON LIVER ENZYME LEVELS IN OVERWEIGHT WOMEN**  
Çınar V., Tunçalp Ö., Öner S., Akbulut T., Polat Y.  
10. International Conference in Physical Education, Sport and Physical Therapy, Elazığ, Turkey, 18 - 20 November 2016, pp.80
- XXXI. **Investigation of Obesity Levels of University Students**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.77-79
- XXXII. **The Effect of Weekly Fluid Exercise on Plasma Lipid Levels in Obese Women**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.100-101
- XXXIII. **Investigation of Nutrition Habits and Nutrition Knowledge Levels of Physical Education and Sports Teachers**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.87-89
- XXXIV. **INVESTIGATION OF NUTRITION HABITS AND NUTRITION KNOWLEDGE LEVELS OF PHYSICAL EDUCATION AND SPORT TEACHERS**  
Çınar V., Akbulut T., Pancar Z., Murathan F., Öner S.

10. International Conference in Physical Education, Sport and Physical Therapy, Elazığ, Turkey, 18 - 20 November 2016, pp.87
- XXXV. **Investigation of Healthy Lifestyle Behaviors of Turkey Wrestling Federation of Employees Coaches**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.92-93
- XXXVI. **The Effect of Regular Exercise on Normal Enzyme Levels in Overweight Women**  
Öner S.  
10th International Physical Education and Sports Physical Therapy Congress, Elazığ, Turkey, 18 - 20 November 2016, pp.82-84
- XXXVII. **Determination of Obesity Prevalence of Primary School Students in Elazığ**  
Öner S.  
3rd International Sports and Recreation Congress, İstanbul, Turkey, 25 - 27 May 2015, pp.121-122
- XXXVIII. **Comparison of Some Physical and Physiological Features of 15-18 Age Group Students Doing Sports and Not Doing Sports**  
Öner S.  
3rd International Sports and Recreation Congress, İstanbul, Turkey, 25 - 27 May 2015, pp.34-35
- XXXIX. **Elazığ İli Fitness Salonlarında Aktif Olarak Spor Yapan Sporcuların Sıvı Alımı İle İlgili İlgili Ve Alışkanlıklarının Araştırılması**  
Öner S., Bakır N.  
8. Ulusal Spor Bilimleri Öğrenci Kongresi, Mersin, Turkey, 14 - 16 May 2015, pp.33-34
- XL. **Evaluation of Students' Leisure Habits at Fırat University**  
Çınar V., Öner S., Aydemir İ.  
1st International Sport Sciences and Tourism and Recreation Congress, Antalya, Turkey, 22 - 24 May 2014, pp.78-79

## Supported Projects

Sarıkaya M., Öner S., Selçuk M., Berk Y., Sert V., Karaca S., Embiyaoğlu N. M. , Project Supported by Higher Education Institutions, 14-16 Yaş Kadın Tenisçilerde Farklı egzersiz Türlerinin Bazı Fiziksel Özelliklerine Etkisi, 2021 - 2021

Selçuk M., PANCAR Z., Sarıkaya M., Temur H. B. , Öner S., ÇINAR V., Karaca S., Bingöl M., Project Supported by Higher Education Institutions, 12-14 Yaş Erkek Tenisçilere Uygulanan Pliometrik Egzersizlerin Seçilmiş Bazı Kuvvet Parametrelerine Etkisi, 2018 - 2019

Gencer Y. G. , Sarıkaya M., Eriş F., Coşkun F., İĞDIR E. C. , AKBULUT T., Öner S., Project Supported by Higher Education Institutions, Kadın Futbolcularda bacak kuvveti anaerobik güç ve bazı antropometrik özelliklerin topa vuruş sürati ile ilişkisi, 2018 - 2018